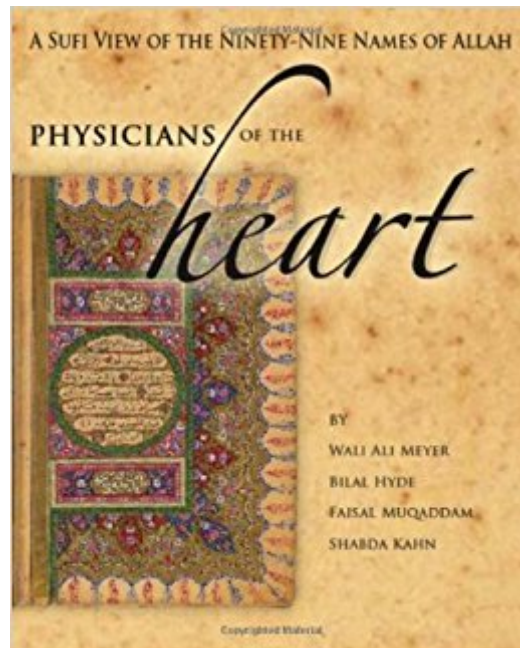


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# Physicians Of The Heart: A Sufi View Of The 99 Names Of Allah



## Synopsis

This book takes the reader into the heart of the mystery of the 99 sacred Names of Allah. It is a vehicle for understanding the infinite nature of God, and for discovering the divine potential in every soul. It is also a guidebook for progressing through the stages of the spiritual path and an instruction manual for teachers on how to work with students more wisely, as physicians of the heart. In the process of this voyage to discovery, the reader is systematically exposed to the universal mysticism encoded in the Qur'an and in the classical Sufi traditions, as well as to a modern psychological approach that works with the 99 Names to achieve individuation and wholeness.

## Book Information

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## Customer Reviews

The Ninety-Name names of God are a spiritual treasure. The four authors of this book have accomplished a noble collaboration and put this treasure within our reach. The meanings to be discovered in these pages can potentially open us to a marvelous universe of Divine Beauty, and through these gems, traditionally called "The Most Beautiful Names," we may ourselves ultimately be beautified. Rich in linguistic knowledge and personal reflection, this book helps to make this subject applicable and real. Kabir Helminski, author of *Living Presence* and *The Knowing Heart*, translator of several volumes of Rumi, including *The Pocket Rumi* and *Love's Ripening*, & Co-Director of The Threshold Society (Sufism.org) --Kabir Helminski, Sufism.org This astounding book is a nothing less than a mystical road map into the reality of the Only Being, to the One from whence all the 99 beautiful names of Allah spring, and to which they all point. The collaboration of these scholars and practitioners has yielded a truly profound work of deep spiritual value and psychological insight which should continue to serve the entire community of the "Jerusalem

Trilogy" (Jews, Christians, and Muslims) for generations to come. Rabbi Zalman Schachter-Shalomi, founder of the Jewish Renewal Movement --Rabbi Zalman Schachter-Shalomi

The Source of Love promises humanity, Call on me in longing and love through intoning My Most Beautiful Names and I will answer your call, far beyond your imagination. O seeker, enter the mystical kingdom of the Divine Energies, called the Most Beautiful Names of Allah, by plunging into this remarkable sourcebook, which elucidates the ancient practice of contemplation and chanting of the Names of God, the swiftest path to union. The authors of the book have brought a great gift to the West in their extraordinary and monumental work which elucidates a new field of wisdom in the West. Use this book as a guide on your journey. Fariha al Jerrahi, -Nur Ashki Jerrahi Sufi Lineage --Fariha al Jerrahi, Nur Ashki Jerrahi Sufi Lineage

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Shabda Kahn, a direct disciple of the American Sufi Master, Murshid Samuel Lewis, has been practicing Sufism since 1969 and since 2001, is the Pir (Spiritual Director) of the Sufi Ruhaniat International, the lineage tracing from Hazrat Inayat Khan and Murshid Samuel Lewis. He has studied and performed North Indian Classical Vocal Music under the guidance of the late Master Singer, Pandit Pran Nath, since 1972. He is also a disciple of the illustrious Tibetan Master, the 12th TaiSitu Rinpoche. Shabda leads retreats and camps in Sufism with an emphasis on the mysticism of breath; the science and art of wazifa and zikr; music; the walking meditations of Murshid Samuel Lewis and opening the heart. He brings compassion and humor in transmitting the rich lineage of Sufism. Wali Ali Meyer was chosen, as the principal editor of Physicians of the Heart, to put the conversation of the four authors into a single voice. In 1963 he was named the college newspaper editor of the year for his editorial stance against racial segregation while the Editor of the University of Alabama newspaper. He received his M.A. in Philosophy and Theology from Vanderbilt University. He went in search of the reality behind the academic words and became a student of the Sufi Master Samuel L. Lewis of San Francisco, lived with him as his assistant and esoteric secretary, and was initiated as a Sheikh by him in 1970. Since that time he has edited for publication a number of Murshid Samuel Lewis' works including The Jerusalem Trilogy; and has written articles for books and publications. This includes a chapter in A Pearl in Wine, an anthology on Hazrat Inayat Khan, who was the first teacher to bring Sufism to the Western World more than 100 years ago. [SB1]Wali Ali is the head of the Esoteric School of the Sufi Ruhaniat International, and the Spiritual Director of Khankah SAM, a residential community in San Francisco. He is one of the lead teachers in the Suluk Academy founded by Pir Zia Inayat Khan. Wali Ali has functioned as a guide for Sufi students for more than 40 years, and has formulated many systematic programs of spiritual study and practice. He has been a teacher of Sufism in workshops and seminars around the world.

This is perhaps the most comprehensive presentation of the 99 names of Allah in English. I first purchased it on Kindle, but found myself reading it some much and wanting to flip to different pages that I got a hard copy as well. I was very surprised to see how large of a book it is. This book took quite a long time to put together; and the quality and depth of the material shows. They have done a

nice job of grouping the 99 names along various themes. Unlike other books I've read, this gives recommendations on how to recite the different names together for a more balanced practice. For example, the names Al-Rahman and Al-Rahim are often recited together as are Al-Ghaffar and Al-Ghafur. There are reasons for this, which are discussed in the book. One really nice extra is that they have a website dedicated to assisting one in correct pronunciation of the 99 names. They have 3 different speakers reciting the names so that one really understands the pronunciation.

This work was definitely inspired. I read many books in the Islamic spiritual genre, & the depth & beauty of this book makes it a gem. It looks at the 99 Names from a truly a holistic approach, giving you the meanings of the roots of the words, how they relate & connect to each other, the psychological & spiritual implications, and how to use these divine names as a tool for inner healing & spiritual alchemy. The authors also interlace the text with teachings from other faiths & disciplines, like psychology, which gives you the gift of a broad understanding & at the interconnectedness & majesty of creation & our Creator. There is just so much value in this quite massive volume. I actually also bought the Kindle version after owning the book so that I could have a portable version. The language is eloquent, poetic, and written in a way that grasps your heart, mind, and soul. It is my favorite human authored book.

This is a powerful reference, resource, teaching book for both individual growth and as a guidebook for those teachers who are drawn to become physicians of the heart. The 99 Names of Allah are manifestations of the qualities of Allah. As the reader goes deeply into the attributes he/she is led to the essence, because the attributes are manifestations of the essence - they are invocations of the presence of Allah and evoke relationships that reveal God's presence. The Names all dissolve in Allah. The book requires prayerful and contemplative work to both understand and practice using the Names for transformation, healing and wisdom. One must experience the states of the different Names. The authors did a more than excellent job of dispelling traditional and modern knowledge of the Names - especially how they can be combined and how they work together in pairs and groups... The book contains layers and layers of valuable and practical wisdom. Recommended.

This is an incredibly beautiful, well-researched, provocative, and ultimately deeply uplifting book (for those who take time with it and are willing to try to do the work). Even for a non-practitioner of this faith-tradition, there is a treasure trove of insight to be gained. Combining classical, orthodox Islamic hadith and direct quotations from Qur'an--as well as interpretations thereof--the reader gets to listen

in on four men discussing the names of Allah, the qualities or properties associated with God's being (of which, according to some Sufi Masters, each of us is a unique blend). Comparable to the many honorifics or epithets used when referring to God in the Tanakh / Old Testament and the New Testament, the 99 names of Allah are discussed through lenses of personal experiences, psychoanalytic theory, Sufi stories and poetry, contemporary psychological interpretations, and healthy doses of introspection, science and laughter. Each section begins with the etymology of the particular name or quality of God. The authors give the Arabic root from which the name comes and reflect on related meanings. Imam Bilal contributes his extensive knowledge of both Qur'anic and Modern Standard Arabic. Imam Bilal is also completely lacking in any arrogance or pride that could (understandably) come with that level of linguistic authority. So many commentators on Qur'an, from the legalist, juridical types on the one hand to more personal or abstract interpreters come off as frustratingly full-of-themselves... not so here. None of the four teachers is that way in this remarkable text. Go on, buy it now and put it next to your other favorite reference books and stop reading what I have to say. (Oh yeah, on a personal note this book has been extremely helpful to me.) This book is in relation to Islamic mysticism what Yuri Gagarin's first view of Earth was to our planet. Yeah, I said it.

This is a solid (and thick) book covering the 99 names, the attributes of Being-ness. The 'Asma Al-Husna' are a wide topic and are approached from a variety of perspectives. This study includes input mainly for the Western/American lineages based on the work/transmission of Hazrat Inayat Khan. This book should be accessible to all levels of readers. It is a rather thick book so getting through it would take a large commitment. A study version or otherwise bite size ways to study this book should be next on the authors' list.

This book is a precious gift, a life-changer, offers an understanding of pathways to healing our broken hearts and ragged emotions. Understanding the sound code behind a group of healing words (in this case, the 99 Holy Names) offers an antidote to conventional problem and diagnosis based psychotherapy.

Wonderful integration of the meanings. Easy to read and understand. This is a great book for anyone from any religious background. For seekers who wish to learn to come from their heart.

This book is helping me to reconnect with Divine Grace and the Essence of my being which IS my

birthright. This is an EXCELLENT workbook for those whom have been emotionally and psychologically wounded during their childhood.

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